Connecting Public Health and Food Service Operators: Culinary Techniques for Reducing Sodium

Tuesday, May 19, 2015
11:00 AM – 12:30 PM Pacific
2:00 PM – 3:30 PM Eastern

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Kristy Mugavero, RN, MSN, MPH
Public Health Analyst
Sodium Reduction in Communities Program
Division for Heart Disease and Stroke Prevention
Centers for Disease Control and Prevention

Kristy Mugavero leads the Sodium Reduction in Communities Program in the Centers for Disease Control and Prevention’s Division for Heart Disease and Stroke Prevention (DHDSP). Prior to joining DHDSP, Kristy worked in the Policy Office of the National Center for Chronic Disease Prevention and Health Promotion. In this role, Kristy worked on multiple chronic disease related issues including adolescent and school health, obesity and physical activity, and cardiovascular health. Prior to joining CDC, Kristy began her career as a registered nurse in post-surgical cardiovascular unit. Kristy earned Master’s Degrees in nursing and in public health in 2006.

Kelly Hughes serves as an Associate Director for Program Strategy at NNPHI, serving as a liaison to CDC, and providing project and relational support for CDC-funded initiatives. Prior to joining NNPHI, Ms. Hughes worked as a Public Health Analyst in CDC's Division of Community Health to conduct policy analysis, partnership engagement, budget formulation, issues management, community health investment tracking and Prevention and Public Health Fund reporting for DCH programs and awardees, such as the Community Transformation Grant and Racial and Ethnic Approaches to Community Health programs. Additionally, she is a graduate of CDC's Public Health Prevention Service fellowship, class of 2009.

Website:  www.nnphi.org
Welcome to our presenters:

Brad Barnes

Amanda Wagner
Amanda Wagner is Get Healthy Philly’s Nutrition and Physical Activity Program Manager, working with stakeholders across the city to help Philadelphians eat healthy and be active. She is a member of the Mayor’s Food Policy Advisory Council and previously Get Healthy Philly’s Food Policy Coordinator. Amanda has worked on food system issues in Philadelphia with a variety of organizations, including as a Food System Planner with the Delaware Valley Regional Planning Commission. Nationally, she served as a Congressional Hunger Fellow in Arizona and Washington, D.C. She holds master degrees in City and Regional Planning and Public Administration from the University of Pennsylvania, and a bachelor degree from Franklin and Marshall College in Lancaster, PA.

Website: http://www.phila.gov/health/ChronicDisease/gethealthyphilly.html
Brad Barnes, CMC, CCA, AAC

Director
The Culinary Institute of America
Consulting and Industry Programs

Brad Barnes is director of consulting and industry programs at The Culinary Institute of America (CIA) in Hyde Park, NY and the college’s North American Association of Food Equipment Manufacturers (NAFEM) Professor. Chef Barnes is responsible for the oversight of the CIA’s food enthusiast programs, ProChef® certification, and custom professional training. He also consults globally with a variety of clients—from educational institutions to real estate developers and non-commercial foodservice providers—regarding operational excellence.

Websites:  www.ciaprochef.com and www.ciachef.edu
Sanna Delmonico, MS, RDN, CHE
Senior Manager
Culinary Nutrition for Strategic Initiatives and Food Safety and Nutrition Instructor
The Culinary Institute of America

Sanna Delmonico is the senior manager of culinary nutrition for Strategic Initiatives at The Culinary Institute of America at Greystone, where she manages health and wellness programs including Healthy Kitchens, Healthy Lives and the CIA Healthy Kids initiative, and works with the CIA Healthy Menus Research and Development Collaborative. Sanna is also the nutrition and food safety instructor for Greystone culinary students. Sanna previously taught nutrition, dietetics, and foods classes at Santa Rosa Junior College, where she co-coordinated the Dietetic Technician program. Sanna was a pediatric dietitian for many years, working with families on nutrition issues, and conducting feeding classes for parents. For 12 years she published a nationally distributed food and nutrition newsletter for parents and pediatric nutrition professionals, called Tiny Tummies.

Website:  www.ciachef.edu/california
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Thank you to our presenters and moderator:

Kelly Hughes

Brad Barnes

Amanda Wagner
And thank you to our behind-the-scenes people!

Chris Kinabrew
Star Tiffany
Holly Calhoun
Joanna Hathaway

and Josh Jennings (not pictured)
Connecting Public Health and Food Service Operators: Tactical Steps to Sodium Reduction

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