

A Gendered/Cultured Lens





THE MOVEMBER FOUNDATION:
CHANGING THE FACE OF MEN'S HEALTH

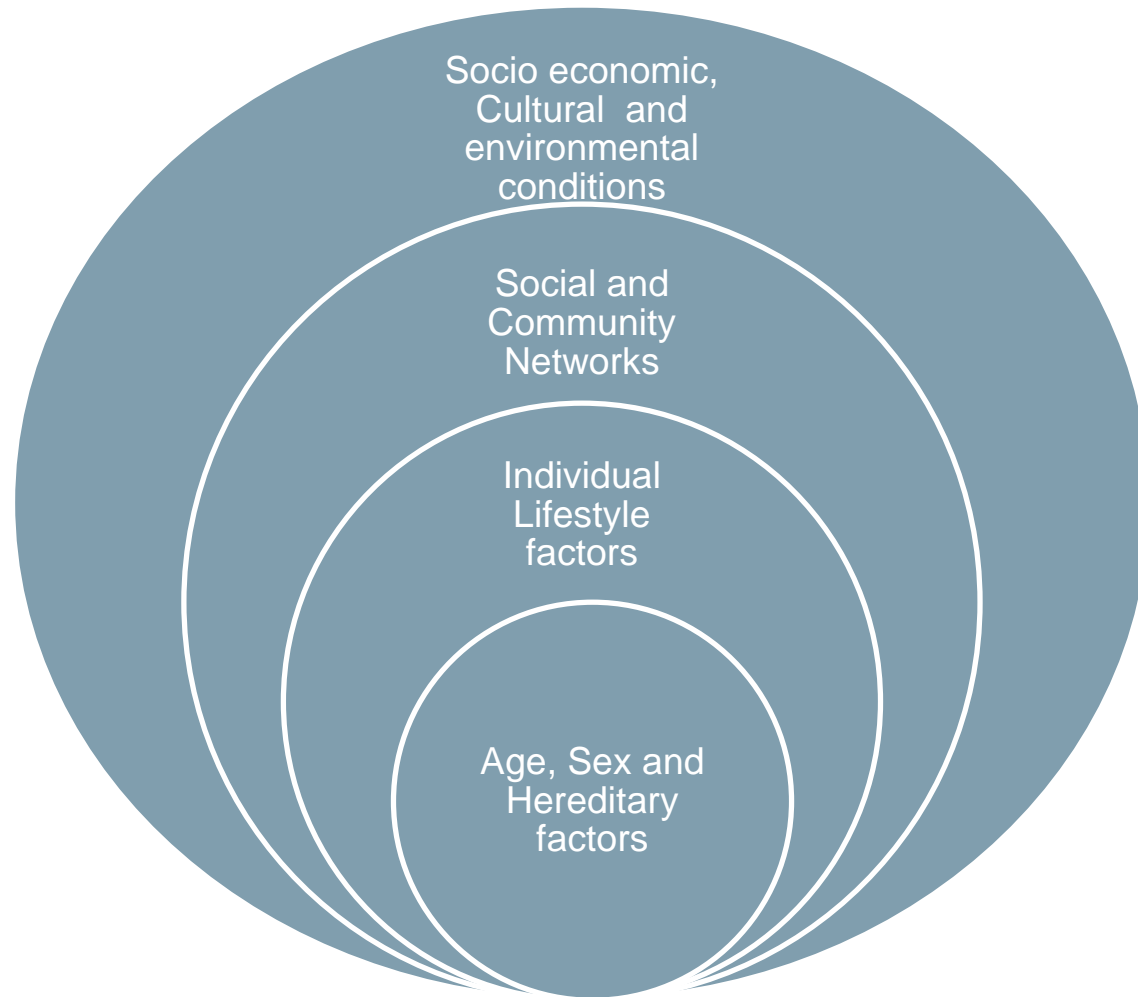


THE MOVEMBER FOUNDATION

- The only global charity focused solely on men's health
- Started in Australia and now in 21 countries
- Since 2003, has inspired millions of men and women to take action for men's health, raising \$710M USD and funding over 1,200+ projects
- Supported to do this work by generous fundraising and donor community



MEN'S MENTAL HEALTH AND WELLBEING IS INFLUENCED BY MORE THAN HIS GENDER



Making Connections for Mental Health and Wellbeing Among Men and Boys



The Community of Practice is inclusive of 16 sites, with diversity in geography, organizational leadership, and population

Making Connections: Report Findings



Photo: Teri Clark, Nebraska Association of Local Health Directors

- **Limited notions of masculinity** socialize males toward isolation and not seeking assistance
- **Boys and men of color are disproportionately impacted** – with far reaching implications related to fathering, families, and communities
- **Military service members, veterans, and their families** experience trauma and its effects disproportionately

Making Connections



- Prevention is not at **scale to maximize impact** needed
- **Indigenous and lay people approaches are emerging** – supporting healing and mental wellbeing
- **Resilience is a critical protective factor** – and can be catalytic for community-wide prevention approaches

Making Connections



Photo: YES - Nature to Neighborhoods

- Bridging mental health to **population and community level approaches**
- **Focusing in the places where men/boys spend their time**, through the people with whom they interact and trust
- **Connecting systems and institutions** to mental wellbeing and each other

Making Connections



Photo: Tony Alter, Creative Commons

- Reconnecting to **cultural identity** and **expanded notions of masculinity**
- Supporting connection in **copng with stressors** (past, present and future)
- Connecting men and boys to **each other, their families and community**