Connecting Public Health and Food Service Operators: Changing the Way America Eats

Wednesday, April 8, 2015
11:00 AM – 12:30 PM Pacific
2:00 PM – 3:30 PM Eastern

Technical difficulties? Call 1-866-229-3239

Please complete the Post-Web Forum online evaluation. We need your feedback!

Recording and Slides will be available at wwwDialogue4Health.org

Connect with us on Twitter @Dialogue4Health and
Facebook www.facebook.com/Dialogue4Health
Closed captioning is available in **Media Viewer**.

You can read a transcript of the Web Forum in real time!
Closed Captioning in Media Viewer

On the bottom right corner of your screen, click **Show/Hide Header**.
During the course of the presentation, another window may cause the **Media Viewer** to collapse.

This may happen during a **Poll**, for example.
Closed Captioning in Media Viewer

Click this icon to bring back the Media Viewer with the closed captions.

Global Health Internship Kickoff!

Closed captioning available. We’ll begin shortly.

Wednesday, November 5, 2014
Start time: 11 am Pacific | 2 pm Eastern

USAID’s Global Health Fellows Program is implemented by the Public Health Institute and its partners: Global Health Corps, GlobeMed, Management Systems International and PYXERA Global
Housekeeping

Technical difficulties? Call 1-866-229-3239

Please complete the Post-Web Forum online evaluation. We need your feedback!

Recording and Slides will be available at www.Dialogue4Health.org

Connect with us on Twitter @Dialogue4Health and Facebook www.facebook.com/Dialogue4Health
Q&A Feature

Please submit questions via the Q&A Feature

Please submit questions to All Panelists
Polling Feature

Please

1. Choose your answer, then
2. Click Submit
POLL #1

Are you attending this Web Forum:

a. Individually
b. In a group of 2-5 people
c. In a group of 6-10 people
d. In a group of more than 10 people
Closed Captioning in Media Viewer

Click this icon to bring back the Media Viewer with the closed captions.
Kristy Mugavero, RN, MSN, MPH

Public Health Analyst
Sodium Reduction in Communities Program
Division for Heart Disease and Stroke Prevention
Centers for Disease Control and Prevention

Kristy Mugavero leads the Sodium Reduction in Communities Program in the Centers for Disease Control and Prevention’s Division for Heart Disease and Stroke Prevention (DHDSP). Prior to joining DHDSP, Kristy worked in the Policy Office of the National Center for Chronic Disease Prevention and Health Promotion. In this role, Kristy worked on multiple chronic disease related issues including adolescent and school health, obesity and physical activity, and cardiovascular health. Prior to joining CDC, Kristy began her career as a registered nurse in post- surgical cardiovascular unit. Kristy earned Master’s Degrees in nursing and in public health in 2006.

Kelly Hughes serves as an Associate Director for Program Strategy at NNPHI, serving as a liaison to CDC, and providing project and relational support for CDC-funded initiatives. Prior to joining NNPHI, Ms. Hughes worked as a Public Health Analyst in CDC's Division of Community Health to conduct policy analysis, partnership engagement, budget formulation, issues management, community health investment tracking and Prevention and Public Health Fund reporting for DCH programs and awardees, such as the Community Transformation Grant and Racial and Ethnic Approaches to Community Health programs. Additionally, she is a graduate of CDC's Public Health Prevention Service fellowship, class of 2009.

Website:  www.nnphi.org
Welcome to our presenters:

Brad Barnes  
Sanna Delmonico  
Ellen Spitsen
POLL #2

In your experience working with food service providers, which of the following has yielded the most successful reductions in sodium? Please select all that apply:

a. Adding new, lower sodium items to the menu
b. Replacing ingredients with lower sodium alternatives
c. Reducing or eliminating added salt during preparation and cooking
d. Reducing or eliminating sodium-containing ingredients during preparation and cooking
e. Removing, reducing, or limiting the availability of high sodium items from the menu
f. I have not had experience working with food service providers to reduce sodium
Ellen Spitsen is the Nutrition Coordinator for the Chronic Disease Division of the San Antonio Metropolitan Health District. In her current role, Ellen oversees the ¡Por Vida! restaurant program, the San Antonio Sodium Reduction in Communities project, and the implementation of healthy procurement and practices in city contracts. Ellen has also played a key role in implementing healthy snack and beverage guidelines for vending and concessions in city parks, schools, and hospitals. Ellen is an active member of the San Antonio Mayor’s Fitness Council and the San Antonio Health Literacy Initiative Committee.

Website:  www.sanantonio.gov/HEALTH
Brad Barnes, CMC, CCA, AAC
Director
The Culinary Institute of America
Consulting and Industry Programs

Brad Barnes is director of consulting and industry programs at The Culinary Institute of America (CIA) in Hyde Park, NY and the college’s North American Association of Food Equipment Manufacturers (NAFEM) Professor. Chef Barnes is responsible for the oversight of the CIA’s food enthusiast programs, ProChef® certification, and custom professional training. He also consults globally with a variety of clients—from educational institutions to real estate developers and non-commercial foodservice providers—regarding operational excellence.

Websites: www.ciaprochef.com and www.ciachef.edu
Sanna Delmonico is the senior manager of culinary nutrition for Strategic Initiatives at The Culinary Institute of America at Greystone, where she manages health and wellness programs including Healthy Kitchens, Healthy Lives and the CIA Healthy Kids initiative, and works with the CIA Healthy Menus Research and Development Collaborative. Sanna is also the nutrition and food safety instructor for Greystone culinary students. Sanna previously taught nutrition, dietetics, and foods classes at Santa Rosa Junior College, where she co-coordinated the Dietetic Technician program. Sanna was a pediatric dietitian for many years, working with families on nutrition issues, and conducting feeding classes for parents. For 12 years she published a nationally distributed food and nutrition newsletter for parents and pediatric nutrition professionals, called *Tiny Tummies*.

Website:  [www.ciachef.edu/california](http://www.ciachef.edu/california)
Closed Captioning in Media Viewer

Click this icon to bring back the Media Viewer with the closed captions.
Q&A Feature

Please submit questions via the Q&A Feature

Please submit questions to All Panelists
Thank you to our presenters and moderator:

Brad Barnes  Sanna Delmonico  Kristy Mugavero

Ellen Spitsen  Kelly Hughes
And thank you to our behind-the-scenes people!

Chris Kinabrew  
Star Tiffany  
Holly Calhoun  
Joanna Hathaway

and Josh Jennings (not pictured)
Thank you for joining our Web Forum!

The **Recording** and **Slides** will be available at