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Building Community Resilience in the Face of COVID-19

Collaboration and Advocacy for Mental Health Supports

Presented by Dr. Wendy Ellis
Director

Center for Community Resilience

Milken Institute School of Public Health
THE GEORGE WASHINGTON UNIVERSITY
The Pair of ACES
COVID-19 Adverse Community Experiences

- Housing Instability
- Food Insecurity
- Lack of Access to Primary Care & Screening
- Unemployment & Lack of Paid Leave
- Higher Rates of Risk Factors and Mortality due to Chronic Disease

Adverse Community Environments

- Poverty
- Discrimination
- Community Disruption
- Lack of Opportunity, Economic Mobility & Social Capital
- Violence
- Poor Housing Quality & Affordability

Families First Coronavirus Response Act

- SAMHSA
- Expansion of Community-based Behavioral Health Service -- $250M
  - $1-4M grants to increase 24/7 crisis intervention (SMI/SUD)
  - Increase capacity to treat children with SED
- Suicide Prevention- $50M, plus $100M for Emergency Response grants for indiv. w/ SMI & SUD

- BCR Partners
  Portland Oregon
  - $1.3M
  - Implement integrated primary & BX health care
  - Goal: Increase patient load by end of Year 1
  - Increase screenings
Supporting Behavioral Health for Children

**Federal Response**

- Child Care & Development Block Grant - $3.5B
- Head Start - $750M
- Education Stabilization Fund - $30.75 B

  - Protect providers from going out of business
  - Added supports for COVID-19 related needs of children & families
  - Supports for ‘lost learning’ time
  - Flexible funds for student mental health supports

**Community Response**

- Telehealth Expansions
- Virtual Home Visiting

  - Well visits, behavioral and mental health consults via telemedicine
  - Nurse Family Partnership virtual home visits
  - Expansions of public library ‘Hot Spot’ Lending Programs
Community Supports
Snapshots from the BCR Network

**Washington, DC**
Addressing Food Insecurity
Provision of 4,000 Bags of Groceries/week

**Cincinnati, OH**
Expansion of Trauma-Informed Supports & Resources for Children & Families

**St. Louis & Kansas City, MO**
Advocacy for Income Supports
Expansion of Trauma-Informed Supports

DC-BCR Advocate
Sign On Letter

**Martha's Table**
Education · Food · Opportunity

**DC-BCR Advocate**
Sign On Letter

**Alivé Well**
Communities

**St. Louis & Kansas City, MO**
Advocacy for Income Supports
Expansion of Trauma-Informed Supports

**Cincinnati, OH**
Expansion of Trauma-Informed Supports & Resources for Children & Families

**beech acres**
PARENTING CENTER

**go.gwu.edu/CCR**
**@ResilNation**
**go.gwu.edu/BCRvideos**
For more information regarding COVID-19 Community Responses from the BCR Networks & Policy Lab

https://ccr.publichealth.gwu.edu/covid-19

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