Health and Housing

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CA4Health Web Forum
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Of California’s roughly 6 million renter households,

Nearly 1/3 of them,

including more than 1/2 of lower-income households,

and +/- 80% of extremely low-income households

Pay >50% income for rent

- When housing costs are considered, CA’s poverty rate rises to 21.2%
Health and Housing

- Growing Evidence re: Health & Housing
- Health Lens Across Sectors – HiAP, HIA
- Fair Housing & Equity issues re: Unmet Housing Needs, Inequality
- Health Care Costs re: Homelessness
- Vulnerable Populations & Special Housing needs, e.g., seniors, disabled, farmworkers
- Healthy Housing, Green Building, & Substandard Housing Conditions
- Local Assistance for Supportive Housing
- Environmental justice issues re: land use & built environment
- Climate Change Impacts
Housing as a Health Care Investment

Affordable Housing Supports Children’s Health

By Megan Sandel, MD, MPH; John Cook, PhD, MAEd; Ana Poblacion, MSc; Richard Sheward, MPP; Sharon Coleman, MS, MPH; Janet Viveiros, MPP; and Lisa Sturtevant, PhD

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Affordable and stable housing plays a critical role in supporting the health and well-being of children. Research from Children’s HealthWatch shows public investment in housing—including housing for homeless families and rental assistance for food-insecure families—improves the health outcomes of vulnerable infants and young children and lowers health care spending.

Expanding access and improving rental assistance programs and other affordable housing programs are key strategies.
The State of Homelessness in America, National Low Income Housing Coalition, 2016.
Dept. of Health Care Services WPC and Housing Related Services

Whole Person Care (WPC) Pilots:
5-year program authorized under Medi-Cal 2020 Section 1115 Waiver

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<th>Goal</th>
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<td>• To test locally-based initiatives that will coordinate physical health, behavioral health, and social services for beneficiaries who are high users of multiple health care systems and continue to have poor health outcomes.</td>
<td>• Pilots will identify target populations, share data between systems, coordinate care in real time, and evaluate individual and population health progress.</td>
<td>• Up to $1.5 billion in federal funds available to match local public funds.</td>
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For more information, Google “DHCS Whole Person Care Program”
MHSA funding to finance a $2 billion bond for permanent supportive housing

• Permanent Supportive Housing to improve quality of life for people who are homeless and experience mental illness

• “Housing First” Approach

• Housing as a health intervention, with Continuity of Care

• Flexible, Voluntary, and Individualized Services

• Serve most vulnerable and frequent users of our public systems (jails/prisons, emergency room visits/in-person stays)

• Housing Projects in Proximity to Community Services

For information - http://www.hcd.ca.gov/grants-funding/active-funding/nplh.shtml
Green Healthy Affordable Housing

Address environmental health related issues, e.g., indoor air quality, lead abatement, indoor moisture control, bicycle parking, water use, etc.