

National School Lunch Program

- Operates in over 100,000 schools
- Serves more than 30 million students per day
- A student can eat up to 2,340 school lunches from kindergarten through 12 grade
- With school breakfast that's 4,680 meals plus snacks



Why School Lunch Matters

- Provides healthy food to children who normally wouldn't get enough to eat
- Saves money for budget-strapped families
- Helps prevent childhood obesity
- Bolsters academic performance
- Supports the financial bottom line of school cafeterias



Federal Reimbursement

National School Lunch Program	
Free lunch	\$2.68
Reduced price lunch	2.28
Full paid lunch	0.25
Commodities	0.20

Nutrition Standards

- Provides 1/3 RDA's
- Should be aligned with the Dietary Guidelines for Americans
- Institute of Medicine recommendations
- Competitive foods – proposed national standards



Policy Issues

- Schools cafeterias must break even
- Student participation is critical
- Fast food and snack foods
- Reliance on processed foods
- Many schools have lost the capacity to cook



Policy Solutions

- Make CNR a well-funded priority
- Link higher reimbursement to higher nutrition standards
- Increase access and expand participation
- Strengthen schools' capacity to serve healthier meals and snacks



School Lunch



Berkeley Unified School District

<http://www.berkeley.net/index.php?page=student-nutrition-menus>

School Lunch



www.fedupwithschool lunch.blogspot.com